

## Premier Primary Care Physicians Consent for Procedures

Dr. \_\_\_\_\_ will perform \_\_\_\_\_ on \_\_\_\_\_.

Be sure to tell your doctor if you tend to bleed easily, scar easily, or have allergies to numbing medicines or iodine.

### Procedure:

\_\_\_ **Colposcopy/Endometrial Biopsy** – the risks include bleeding and infection. You may have a bluish or brown discharge for a few days and some spotting. Notify us if you have bleeding heavier than a period, foul smelling discharge (especially after 48 hours), increasing pelvic pain, or fevers. Avoid intercourse, tampon use, douching, or placing anything in the vagina for 2 weeks.

\_\_\_ **Cryotherapy/Wart Treatment** (freezing with liquid nitrogen) with or without paring. The risks are minimal but can include infection, blistering, or scar (especially if you have sensitive skin).

\_\_\_ **Joint Injection/Aspiration** – risks include bleeding and infection. Notify your doctor immediately if you have any fevers, joint swelling or worsening pain in the joint.

\_\_\_ **Ear Piercing** – to be done with a commercial piercing gun. Possible risks include bleeding, infection and unsatisfactory location of earrings (that is why we ask that the patient or guardian mark the location of the piercing). Post care includes cleansing the ear daily with isopropyl alcohol and rotating the earrings several times daily. Leave the same earrings in place for at least 6 weeks.

\_\_\_ **Skin biopsy/laceration repair/I&D** – risks include bleeding, infection and scarring. Post care includes keeping the wound covered and avoiding getting the wound wet for 24 hours (remove the initial dressing within 24 hours). Follow up with the doctor as directed.

\_\_\_ **Skin Tag Removal** – Risks include bleeding and infection.

\_\_\_ **Toe Nail removal** – risks include infection, bleeding, and prolonged numbness at the site of anesthetic (rarely nerve damage can occur). Keep the foot elevated for 24 hours and avoid being on your feet if possible. Remove the dressing after one day and slowly begin activity. Soak the toe in warm water for 20 minutes, twice daily for 3 – 4 days.

**Note:** In general, after any procedure, please look for the following signs of infection: redness, pain, swelling, pus or fever.

1. Keep wound dry for 24 hours.
2. Change dressing and apply Bacitracin 2 times daily for 5 days.
3. Follow up with your doctor as instructed.

### Please sign this form as your agreement with the following:

1. My doctor has explained the risks and benefits of the procedure along with post procedure care and I understand them. I give her permission to perform this procedure as we discussed.
2. I have read this form.
3. I understand what is explained on this form.
4. I had a chance to ask my doctor any questions.

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date